



Alzheimer's Disease Bill of Rights

1. To be informed of one's diagnosis
2. To have appropriate, ongoing medical care
3. To be productive in work and play as long as possible
4. To be treated like an adult, not a child
5. To have expressed feelings taken seriously
6. To be free from psychotropic medications, if at all possible
7. To live in a safe, structured and predictable environment
8. To enjoy meaningful activities to fill each day
9. To be out-of-doors on a regular basis
10. To have physical contact including hugging, caressing, and hand-holding
11. To be with persons who know one's life story, including cultural/religious traditions
12. To be cared for by individuals well-trained in dementia care

Source:

The Best Friends Approach to Alzheimer's Care, by Virginia Bell and David Troxel
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